



JUNE 2016 CIPCC NEWSLETTER

Summer hit us pretty quick this year, and I am super excited! June also brings a lot of change to our program. The summer camp will start back up, Preschooler's will graduate and new families will join the CIPCC family.

May brought us some great weather and not much rain (which isn't great for the gardens). I want to personally thank each and every one of you that came to our work weekend. There was such an unbelievable turnout and the school looks amazing! On May 18th, we had our federal Head Start Health and Safety inspection and passed with high remarks! Thank you to the staff and all of the families that help support our mission and help maintain such a beautiful and safe for children to learn and grow.

Just a heads up that I will be on vacation starting on June 24th and returning on July 5th. Carolyn will be available during my vacation.

If you are going to be taking any vacations this summer, please let Carolyn or I know as soon as possible so we can staff accordingly. It is nice to pair up our vacations with children being absent to save on finding a sub.

Sun safety: We all need some sun exposure — it's the top source of vitamin D, which helps our bodies absorb calcium for stronger, healthier bones.

But it doesn't take much time in the sun for most people to get the vitamin D they need. And repeated unprotected exposure to the sun's ultraviolet (UV) rays can cause skin damage, eye damage, immune system suppression, and [skin cancer](#). Even people in their twenties can develop skin cancer. Here are some sunscreen tips:

~For sensitive skin, look for products with the active ingredient titanium dioxide.

~Apply sunscreen whenever your kids will be in the sun. For best results, apply it about 15 to 30 minutes before kids go outside.

~Don't forget about ears, hands, feet, shoulders, and behind the neck. Lift up bathing suit straps and apply sunscreen underneath them (in case the straps shift as a child moves). Protect lips with an SPF 30 lip balm.

~Apply sunscreen generously — dermatologists recommend using 1 ounce (enough to fill a shot glass) to cover the exposed areas of the body.

~Reapply sunscreen often, about every 2 hours. Reapply after a child has been sweating or swimming.

~Apply a water-resistant sunscreen if kids will be around water or swimming. Water reflects and intensifies the sun's rays, so kids need protection that lasts. Water-resistant sunscreens may last up to 80 minutes in the water, and some are also sweat-resistant. But regardless of the water-resistant label, be sure to reapply sunscreen when kids come out of the water.

~Don't worry about making a bottle of sunscreen last. Stock up, and throw out any sunscreen that is past its expiration date or that you have had for 3 years or longer.

Every child needs sun protection. The American Academy of Dermatology (AAD) recommends that all kids — regardless of their skin tone — wear sunscreen with an SPF of 30 or higher.

Be Sun Safe Yourself

Don't forget: Be a good role model by consistently using sunscreen of SPF 30 or greater, wearing sunglasses, and limiting your time in the sun. Doing so not only reduces your risk of sun

damage — it also teaches your kids good sun sense.

Reminders: It is time to change out the extra clothes that you have in your child's cubbies. It is best to have 2 sets of clothes on hand because summer time equals sprinklers, mud pies and grass stains!

~Per our policy that is stated in the handbook, we do require CLOSED-toe shoes be worn by the children at all times. Especially on the playground, closed-toe shoes greatly reduce the chances of tripping, falling, stubbed toes, etc.

~Sun screen and sun hats/baseball caps are a must. It is extremely important to bring these items in for your child!

~I hope you all have a wonderful summer; full of laughs, smiles, a many memories to last a lifetime.

Jenn

p.s. This is my monthly reminder, if you or anyone you know is interested in joining our Board of Directors, please contact me. We are always looking for new faces and ideas to join us. We meet the second Monday of every month from 5-6:30pm. ☺

D

ucklings newsletter ~ Bonnie and Kendra

Well we are almost through the month of May, and we have been busy in the Duckling room.



Last week was our last week with Drew he is staying home with mom for the summer.

The week of June 6th is going to be our transition week for Cynthia, Jackson, and Levi. They will be moving up to chipmunk room with Becky and Mary. We will be getting some new friends during June: Chase, Timothy, Tara, and J.J.

This month our curriculum consisted of May flowers, rain, sun, and dirt. We had an awesome time getting messy, going on walks and playing on the playground.

This month we will be working on family, and friends.

Please bring in sunscreen, sunhats, swimsuits, towels, and little swimmers for water play on those hot days. You might want to switch out your child warm clothes for cooler clothes.



Chipmunk Chatter~ Becky and Mary

Hello Families!

It looks like summer is officially here and we couldn't be happier! The Chipmunks have been able to go outside every day, whether it be playing in the sandbox on the playground, pushing bikes and kicking balls on the Blacktop, or walking over to Allenholm Farm to visit all of our favorite animals!

The Chipmunks have had a good month learning lots about Shapes and Colors! We set up our Felt Board in the classroom where the children are able to explore and play with different colored felt shapes that they can remove and replace as they want.



To start the month off we did various painting projects using lots of different colors. A favorite painting project was when the children were able to use plastic beaded necklaces as their painting tool. They all worked together to paint a big sheet of paper with red, blue, green, yellow, orange, and purple paint!



Another favorite painting project the Chipmunks did was use circle, square, and triangle-shaped Bubble Wrap Stampers! The children used their own piece of paper to make a painting while going "dot, dot" with their stampers.



To start off the month of June, we will start to learn about Dog and Puppies!

Reminders: Please bring in **sunscreen, a summer hat, and a swimsuit** for your child if you have not done so. Thanks! ☺

Turtle Talk ~ Amanda and Monica

It feels like summer is finally here!! We have been taking several walks, almost daily to either Folsom, Hacketts, or Allenholm Farm! We spent some time learning about emotions, birds, and then moved into farm animals! We are currently learning more about farm animals and we are getting ready for transitions!



While practicing and learning about emotions we practiced making different faces that show how we are feeling. We talked in circle about how each of us were feeling that day. We also worked together to paint and displayed sharing



skills. We read several stories about emotions and what do with our feelings.

Since it has been so beautiful out we have been taking several walks; we noticed so many birds which lead to a bird curriculum. We made a bird feeder and hung it on our playground, we



listened to bird sounds and attempted to guess what the bird was, and we made a paper Mache birds nest by collecting sticks, grass, and hay.



We then jumped into a farm animal theme since we have been spending so much time at Allenholm. They have been loving the chickens and even holding the smaller ones! We have made "mud" using cornstarch and brown paint; our farm animals got stuck in the mud! We made our very own butter!! Also, we have listened to several animal sounds and attempted to guess the animal (we got almost all of them!).



Since we are spending so much time outside please remember:

- Hat
- Sunscreen
- Extra summer clothes

Cubs Newsletter ~ Saania and Christina

Dates to Remember:

-June 2 – Snow Farm Vineyard Summer Concert Series begins – Christina and Saania will be attending many of these so let us know if we will see you there!

-June 9 – CUBS Ice Cream Social at Sebs – 5:00-6:00, weather dependent; Gather at Seb's to celebrate the end of another great school year!

-June 10 – Graduation (if your child is graduating please sign up for a dish to bring for the potluck lunch– on the classroom door)

-June 13 – Transition Week

-June 23 – Family Dinner

-5K previously schedule for June 11 has been postponed until September!



Other Info:

-We will be continuing to have “Fun Run Fridays” almost every Friday, weather dependent. Please make sure that your child has sneakers for these days! The children have really enjoyed adopting Christina and Saania's hobby by running laps around the school!

-Picnic Fridays – We will be eating lunch outside every Friday, weather dependent!

- Please make sure that you bring in a swim suit, towel, and swim diapers (if needed) for your child.



Congratulations to our graduates Addy, Remington, Joe, and Carter! We wish you the best and we look forward to seeing you out on the playground. During transition week these graduates will be moving to the Farm House Summer Program and we will be welcoming many new students into the class; please help them feel welcome!

May was a very fast month filled with a plethora of fun activities and outside time. We focused on “STEM” – Science, Technology, Engineering, and Math - this past month and the children loved putting on their critical thinking caps as we explored these topics. A few of our favorite activities from May included building marble ramps, making color changing slime (that changes color when warmed by the hand), exploring magnets, building towers with bamboo blocks, exploring dominoes, and all of the science experiments! The students practiced using the scientific method while engaging with a variety of experiments such as the “bouncing egg” and “Mentos in soda”; moreover, during this time the children began to understand that not all experiments turn out as planned. We had to do some “trial and error,” repeating experiments multiple times, to achieve the expected results.



We ended May and began June with a “Farming” themed curriculum. We are exploring both the crops and the livestock sides to farming. It is important for

children to know where their food comes from and how it gets from a tiny seed to the meal that they see on the table, and this curriculum helps build a base for this knowledge. We have enjoyed many walks to Allenholm farm and in June the children will even make their own butter! After our “Farming” theme is complete we will transition into a quick curriculum on “Gardening” before beginning our class favorite, “Butterflies”!



Farmhouse fun! ~ Misty and Lila

Growing a Restaurant

During the month of May we continued our exploration of “Spring/Gardening”. Our radish seeds quickly sprouted, allowing for observation of roots and some introduction to rulers and how high the sprouts were. (They have moved to the garden on the infant/toddler playground, where we hope they will continue to thrive!) Interest in our bean seeds growing in Ziploc bags continued, with a few of the children checking their progress each morning. We also planted carrot seeds in a special type of planter that is supposed to allow a visual of roots and vegetable growing- we are unsure if it will work, but we have seen some small sprouts. We also did some “real life” painting using our tulips out front as inspiration and tulips made from egg carton pieces and pipe cleaners. Pictures of this art activity can be found on the CIPCC Facebook page.

While we still talk about our plants, seeds, and garden, with the kitchen coming back into the classroom, we found a perfect opportunity to introduce the kids to the concept of a restaurant and how it works. We found out what the kids knew about restaurants, explained some basic jobs and who did what in a restaurant (which led to discussion on why not everyone can be the chef while playing restaurant☺), and provided menus and little notepads on which to take a person’s order. We also added a toy register with play money (bills and coins) as a way to lay the foundation for the concept of exchanging money for services and the basic value of money. This led to talk about how some foods are made, what a recipe is, and a “cooking” activity- making fruit smoothies!

With the school year coming to an end, we would like to say “goodbye and good luck” to the 5 children graduating and going to kindergarten next year: Wyatt Denning, Anthony Foster, Marshall Lascelles, Keegan McCaffrey, and Makaiya Roy. We will miss you VERY much and hope that you never stop loving to learn and play ☺.

Taking the Learning Home: Making a coin jar! This a great way to teach your child the value of saving money. These can be made from any type of container with a lid, but a clear container may work best! When you use a clear jar, they see the money growing. Yesterday, they had a dollar bill and five dimes. Today, they have a dollar bill, five dimes *and* a quarter! Talk through this with them and make a big deal about it! When the jar gets full, talk to your child about whether they would like to start a second jar and keep saving for something big or use the money to get a treat then. Let them (with help) give the cashier the money, they will be so proud of themselves and the purchase will mean that much more.

Thank you to all of Farmhouse families for making the 2015-2016 schoolyear an enjoyable one! Have a great summer! ☺



Keegan dissects his bean seed.



Marshall making a bubble wrap carrot.