

**CHAMPLAIN ISLAND PARENT CHILD CENTER
MONTHLY MENU MAY 2018**

Monday	Tuesday	Wednesday	Thursday	Friday
	1- B:BAGELS/CLEMENTINES/MILK L:RANCH CHICKEN/RICE*/CORN/CANTALOUPE/MILK S:CHEESE QUESADILLAS/WATER	2- B:OATMEAL*/BERRIES/MILK L:ROASTED PORK/GARLIC NOODLES/PEAS/PEACHES/MILK S:CHEESE/CRACKERS/WATER	3- B:ENGLISH MUFFINS/GRAPES/MILK L:GRILLED CHEESE*/VEGGIE SOUP/PINEAPPLE/MILK S:GOLDFISH/STRAWBERRIES/WATER	4- B: CHEERIOS*/BANANA/MILK L:CHEESE TORTELLINI/CORN/HONEYDEW/MILK S:BANANA BREAD
7- B:FRENCH TOAST*/BLUEBERRIES/MILK L:MACARONI AND CHEESE/ASPARAGUS/CANTALOUPE/MILK S:ANIMAL CRACKERS/GRAPES/WATER	8- B:BLUEBERRY MUFFINS/CLEMENTINES/MILK L:OODLES OF NOODLES*/CHICKEN/MIXED VEGGIES/BROC/MILK S:QUESADILLAS/WATER	9- B:OATMEAL*/MIXED BERRIES/MILK L:STIR FRIED GREEN RICE/HAM/WATERMELON/MILK S:CHEEZ IT/APPLES/WATER	10- B:CHEERIOS*/BANANA/MILK L:MEATLOAF/MASHED POTATO/CORN/ROLL/MILK S:APPLESAUCE/PITA CHIPS/WATER	11- B:YOGURT PARFAITS/MILK L:PIZZA*/CAESAR SALAD/HONEYDEW/MILK S:GRAPES/GOLDFISH/WATER
14- B:APPLE CINNAMON MUFFINS/APPLES/MILK L:GOULASH*/BROCCOLI/GRAPES/MILK S:ANIMAL CRACKERS/CANTALOUPE/WATER	15- B:BANANA BREAD/HONEYDEW/MILK L:SWEET AND SOUR CHICKEN/RICE*/PINEAPPLE/BROCCOLI/MILK S:SMOOTHIES/WATER	16- B:PANCAKES/BLUEBERRIES/MILK L:HAM STEAKS/NOODLES*/PEAS/PEARS/MILK S:BANANA SOYNU T WRAPS/WATER	17- B:BAGELS/CLEMENTINES/MILK L:ENGLISH MUFFIN PIZZAS*/MIXED VEGGIES/PEACHES/MILK S:GOLDFISH/GRAPES/WATER	18- B:OATMEAL*/APPLESAUCE/MILK L:SLOPPY JOES/CORN/BLUEBERRIES/MILK S:CHEESE/CRACKERS/WATER
21- B:TOAST*/APPLES/MILK L:SPAGHETTI WITH MEAT SAUCE/PEAS/PEACHES/MILK S:ANIMAL CRACKERS/FRUIT	22- B:CHEERIOS*/BANANA/MILK L:MEATBALL HOAGIES/POTATO WEDGES/MIXED VEGGIES/MILK S:CHEESE QUESADILLAS/WATER	23- B:FRENCH TOAST*/MANGOES/MILK L:KALE SOUP W/CHICKEN/DINNER ROLL/CLEMENTINES/MILK S:PINEAPPLE/COTTAGE CHEESE/WATER	24- B:PANCAKES/BERRIES/MILK L:CHICKEN SALAD WRAPS/CUCUMBERS/CARROTS/MILK S:YOGURT/MUSCLE MIX*/WATER	25- B:ENGLISH MUFFINS/GRAPES/MILK L:CIPCC COOKOUT~BURGERS*/POTATO SALAD/WATERMELON S:SMOOTHIES/WATER
28- MEMORIAL DAY CIPCC WILL BE CLOSED FOR THE DAY	29- B:TOAST*/APPLES/MILK L:HAM AND SQUASH BAKE/DINNER ROLL/PEAS/MILK S:CHEESE/CRACKERS/WATER	30- B:OATMEAL*/BERRIES/MILK L:CHICKEN FAJITA STIR-FRY,BROCCOLI,PINEAPPLE/MILK S:GOLDFISH/GRAPES/WATER	31- B:CHEERIOS*/BANANA/MILK L:WAFFLES/POTATOES/EGGS/STRAW BERRIES/MILK S:PRETZELS/HARD BOILED EGGS/WATER	