

**CHAMPLAIN ISLAND PARENT CHILD CENTER
MONTHLY MENU JANUARY 2018**

Monday	Tuesday	Wednesday	Thursday	
	<p>2- B:CHEERIOS*/BANANA/MILK L:GRAND ISLE PASTA/MEAT SAUCE/MIXED VEGGIES/MIXED FRUIT/MILK S:ANIMAL CRACKERS/FRUIT/WATER</p>	<p>3- B:TOAST*/APPLES/MILK L:CHILI/BISCUITS/CORN/WATERMELON/MILK S:CHEESE/CRACKERS/WATER</p>	<p>4- B:ENGLISH MUFFIN/GRAPES/MILK L:BBQ CHICKEN/RICE*/SQUASH/HONEYDEW /MILK S:YOGURT/STRAWBERRIES/WATER</p>	<p>5- SNOWDAY</p>
<p>8- B:OATMEAL*/BLUEBERRIES/MILK L:SLOPPY JOES/PEAS/CLEMENTINES/MILK S:CHEESE QUESADILLA/WATER</p>	<p>9- B:TOAST*/GRAPES/MILK L:MACARONI AND CHEESE/CORN/PEACHES/MILK S:GOLDFISH/FRUIT/WATER</p>	<p>10- B:CEREAL/BANANA/MILK L:BEEF STEW W/VEGGIES/BISCUITS/CANTALOUPE/MILK S:MUSCLE MIX*/STRAWBERRIES/WATER</p>	<p>11- B:APPLE CINNAMON MUFFINS*/PEARS/MILK L:MEATLOAF/GREEN BEANS/POTATOES/DINNER ROLL/MILK S:BUNNY STIX/RITZ/WATER</p>	<p>12- B:BREAKFAST WRAP/APPLES/MILK L:ENGLISH MUFFIN*PIZZA/CAESAR SALAD/PEACHES/MILK S:CHEESE/CRACKERS/WATER</p>
<p>15- CENTER CLOSED</p>	<p>16- B:SCRAMBLED EGGS/HONEYDEW/MILK L:GRAND ISLE PASTA*/MEAT SAUCE/BROCCOLI/MILK S:HUMMUS/VEGGIES/WATER</p>	<p>17- B:CHEERIOS*/BANANA/MILK L:PASTA SALAD W/HAM/PEAS/WATERMELON/MILK S:SUPER DRINK/WATER</p>	<p>18- B:YOGURT PARFAITS/MILK L:SOFT BEEF TACO*/ROASTED CORN/CANTALOUPE/MILK S:CUCUMBERS/CHEESE/WATER</p>	<p>19- B:BAGELS/APPLES/MILK L:SWEET AND SOUR CHICKEN/RICE*/BROCCOLI/PINEAPPLE/MILK S:GOLDFISH/MELON/WATER</p>
<p>22- B:BANANA BREAD/APPLES/MILK L:SUNBUTTER & JELLY SANDWICHES*/CARROTS/ORANGES /MILK S:CHICKEN QUESADILLAS/WATER</p>	<p>23- B:PANCAKES/BLUEBERRIES/MILK ITALIAN DUNKERS* W/MEAT SAUCE/GREEN BEANS/STRAWBERRIES/MILK S:CHICKEN SALAD/CRACKERS/WATER</p>	<p>24- B:OATMEAL*/PEACHES/MILK L:CHICKEN ALFREDO/BROCCOLI/PINEAPPLE/ MILK S:YOGURT/MIXED BERRIES/WATER</p>	<p>25- B:ENGLISH MUFFINS/GRAPES/MILK L:GRILLED CHEESE*/TOMATO SOUP/CARROT COINS/MILK S:TUNA SALAD WRAP/WATER</p>	<p>26- B:EGGS/PEACHES/MILK L:CHICKEN TENDERS/RICE*/MIXED VEGGIE/PINEAPPLE/MILK S:CHEESE/CRACKERS/WATER</p>
<p>29- B:TOAST*/APPLES/MILK L:CHICKEN N BISCUITS/VEGGIES/CLEMENTINES/ MILK S:MUSCLE MIX/BERRIES</p>	<p>30- B:GOLDEN PORRIDGE*/BLUEBERRIES/MILK L:SHEPHERDS PIE/CORN/DINNER ROLL/MILK S:DEVEILED EGGS/CRACKERS/WATER</p>	<p>31- B:CHEERIOS*/BANANA/MILK L:PORK LOIN/BUTTERED NOODLES/PEAS/APPLESAUCE/MILK S:CHEESE/GRAPES/WATER</p>		